# VA DISABILITY CLAIM TRACKING TEMPLATE

From "100% VA Disability Success: A Veteran's Step-by-Step Guide"

## Instructions:

Use this template to track the status and progress of all your VA disability claims. Having this information organized and readily available will help you monitor deadlines, follow up appropriately, and maintain a comprehensive record of your claims process.

Tip: Save a digital copy of this document and update it regularly, or print multiple copies for physical record keeping.

## Veteran Information

|  |  |  |
| --- | --- | --- |
| Name: | VA File Number: | Social Security Number: |
| Branch of Service: | Service Entry Date: | Service Exit Date: |
| Current VA Representative/VSO: | Representative Phone: | Representative Email: |

## Claim Tracking Log

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Claim Type | Condition(s) Claimed | Date Filed | Confirmation # | Current Status | Next Steps/Deadlines |
| (Initial, Secondary, Increase, Appeal) |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

## Medical Appointment Tracker

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Date | Provider/Facility | Type of Appointment | Conditions Discussed | Key Notes/Findings | Records Requested |
|  |  |  |  |  | (Yes/No, Date) |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

## C&P Exam Tracker

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Date | Location | Examiner Name | Conditions Evaluated | Exam Duration | Notes/Observations |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

## Communications Log

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Date | Contact Person/Agency | Communication Type | Regarding | Summary | Follow-up Required |
|  |  | (Phone, Email, In-person) |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

## Current Ratings Summary

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Condition | Rating % | Effective Date | Status | Future Exam Date | Notes |
|  |  |  | (P&T, Temporary, etc.) |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| Combined Rating: |  |  |  |  |  |

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